

Curriculum vitae

Personal information

Name:- Laila Taher Sabei

Date of birth:- 20-11-1964

Nationality:- Libyan

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Professional experience:-

2021- → Professor in community and family medicine department (faculty of medicine – University of Tripoli)

2017- 2021 → Associate professor in community and family medicine department (faculty of medicine – University of Tripoli)

2014- 2017 → Assistant professor in community and family medicine department (faculty of medicine – University of Tripoli)

2009 – 2014 → Lecturer in community and family medicine department (faculty of medicine – University of Tripoli)

2007 -2009→ head of department of statistics and medical research (Algalla maternity hospital).

2006 – 2007 → public health clinic (Araada polyclinic).

2001 – 2005 → training for Libyan board in family medicine.

1999 – 2000 → public health clinic (Araada polyclinic).

1997 – 1999 → Registrar in infectious disease department (Tripoli central hospital).

1996 – 1997 → Registrar in internal medicine department (Tripoli Medical Center).

1992 – 1996 → House officer and senior House officer in infectious disease department (Tripoli central hospital).

Education:-

- April 2010→ Diploma in hospital governance.
- April 2006 → second part of family medicine (Libyan board).
- October 2001→ first part of community medicine(Arab board).
- April 2001→ first part of family medicine (Libyan board).
- January 1990 → MBBCH with good grad.

Teaching experience:-

- Academic modules in primary care and family medicine for candidates of Libyan board / general practice.
- Courses for master degree in faculty of medicine in epidemiology, biostatistics and research methodology.

- Lectures in community and family medicine department (faculty of medicine – University of Tripoli) for 4th year medical students.
- Monthly courses for intern doctors about research methodology and use of SPSS software.
- Under graduate courses for domestic economy students (faculty of agriculture), about school health and nutrition.
- Helping postgraduate candidates in research methodology and in using SPSS program(data entering & analysis).

Research experience:-

Major research project as principle investigator titled: - Physical Health Status Of Children Entering First Year Primary School Tripoli (2004), for partial fulfillment of the requirements of Libyan board degree in family medicine.

Referred publication:-

- Hospital acquired malaria transmitted by contaminated gloves, Journal of hospital infection (2001) 47: 156-158.
- Physical Health Status of Children Entering First Year Primary School Tripoli (2004): the need for more strengthening, Jamahiriya medical journal (2006) 6:105-111.
- Patient satisfaction in Aljalla hospital (2008); presented in the sixth annual congress of the Libyan obstetrical & gynecological association (31/10 – 2/11 2008).

- Impact of passive smoking on pregnancy outcome; presented in the sixth annual congress of the Libyan obstetrical & gynecological association (31/10 – 2/11 2008).
- Statistics of Aljalla maternity hospital; presented in the sixth annual congress of the Libyan obstetrical & gynecological association (31/10 – 2/11 2008).
- Efficacy of Peg-Interferon Alfa-2a (Pegasy`s) plus Ribavirin In treatment of Libyan patients with chronic Hepatitis C in Tripoli Central Hospital 2003-2006; presented in the 2nd infectious and endemic diseases scientific conference (15-18 May 2009).
- CD4 response to HAART in adults with HIV infection in infectious diseases department / Tripoli central hospital (2007 – 2008); presented in the 2nd infectious and endemic diseases scientific conference (15-18 May 2009).
- Role of ultrasound in the diagnosis of thyroid disease; presented in the 6th Jamahiriya Medical Sciences conference (19-22 march 2009 al-Zawia city).
- Prevalence of hepatitis B and C among blood donors in Tripoli central hospital & Tripoli Medical Centre; presented in the 7th GCC primary health care conference (3-5 May 2010 Manama – Kingdom of Bahrain).
- Skin manifestation among HIV patients (dermatology department / Tripoli-central hospital 2005-2010);

presented in the 4th congress of the Libyan society of dermatology & venereology (CLSDV 2010) 3-5 December 2010, Tripoli.

- Cutaneous leishmaniasis in children in Tripoli; a five years study; presented in the 4th congress of the Libyan society of dermatology & venereology (CLSDV 2010) 3-5 December 2010, Tripoli.
- Management and short term outcome of diabetic patients admitted with acute myocardial infarction to the coronary care unit(Tajoura-Tripoli-Libya). JMJ (2010) 10:258-262.
- Feeding practice of infants and young children among Libyan mothers; presented in the first conference for the Libyan pediatric Association 21-23 September 2012 Tripoli/Libya.
- Obesity among Libyan school children: sociodemographic and behavioral factors (2012): presented in the first conference for the Libyan pediatric Association 21-23 September 2012 Tripoli/Libya.
- Feeding practice of infants and young children among Libyan mothers(Tripoli 2012). LMJ (2013) 1: 42-46.
- Childhood cutaneous leishmaniasis: seven years study (Tripoli central hospital, 2004-2010) LMJ (2013) 1: 47-51.
- Pattern of road traffic injuries among children in Tripoli (2012); the need of preventive strategies. LMJ (2013) 3: 173-179.

- Knowledge, attitude and practice of breast feeding as contraceptive method among Libyan mothers (Tripoli-Libya/2010) LMJ (2013) 3: 201-205.
- Role of intravenous immunoglobulin in the treatment of acute Myocarditis. LMJ vol.12 – No. 4 (winter) 2013:278-282.
- Attitude towards Insulin Use among Patients with Type 2 Diabetes (Tripoli 2012). Presented in: Libya's First Diabetes Conference, 18-21 April 2014 Tripoli/Libya.
- Hypocalcemia among children up to two years old in children Tripoli Hospital. Libyan J. Med. Res. Vol8 No2 year 2014
- Knowledge of Libyan nurses and nursing students about HIV transmission and prevention (Tripoli-2012). Tripolitana Medical Journal; 2014, vol. 3, No. 2, pp. 83-87
- Attitude towards Insulin Therapy among Patients with Type 2 Diabetes in Tripoli, Libya. Ibnosina J Med BS 2015;7(4):127-135 on line at <http://www.ijmbs.org>
- Tobactus the revision guide of community and social medicine. 1st edition 2016.
- Pattern of Valvular Heart Disease Valve Clinic Experience, Tripoli Medical Center, Libya (2012 - 2015). Tripolitana Medical Journal; 2015, Vol. 4, No. II, pp. 68-77

- A descriptive retrospective study on children with newly diagnosed nephrotic syndrome presented to Tripoli Children Hospital during the period between Jan. to Dec. 2014. LIMUJ, Volume 1, PP 45-57, 2016
- Clinical and epidemiological characteristics of inpatients with atrial fibrillation (Cardiology department/ Tripoli medical center TMC). Medical research conference on line at www.uot.edu.ly
- The relationship between on arrival glucose level and the hospitalization outcomes for acute coronary syndrome. Medical research conference on line at www.uot.edu.ly
- The Prevalence of Diabetes Mellitus among Schoolchildren and Adolescents in Tripoli, Libya (2009-2010). Tripolitana Medical Journal; 2015, Vol. 4, No.2, pp. 80-88
- Analysis of neonatal mortality at Al Jala Maternity and Gynecology Hospital Neonatal Intensive Care Unit (Tripoli, Libya 2014-2016). The 2nd Medical research conference, on 30th of January 2017. Available at www.uot.edu.ly
- Metabolic Alterations in Patients with Chronic Hepatitis C Infection in Tripoli, Libya. Poster presentation in the conference of infectious disease in Brazil 8 and 9 December 2017. Available at: www.infectologia.org.br

- Parental knowledge and participation in the management of children with juvenile idiopathic arthritis at rheumatology department Tripoli children hospital. MOJ Orthopedics & Rheumatology. Volume 10 Issue 3 – 2018
- Epidemiological and Clinical Features of Patients with Rheumatic Heart Disease Tripoli Medical Centre Tripoli/Libya 2012 – 2017. Tripolitana Medical Journal; 2018, Vol. 7, No. 2, pp. 20-24
- Childhood pyoderma gangrenosum: diagnostic challenges and management of two cases from Libya. MOJ Orthopedics & Rheumatology. Volume 11 2019; 11(5):188–193.
- Metabolic Alterations in Patients with Chronic Hepatitis C Infection in Tripoli, Libya. Tripolitana Medical Journal; 2017, Vol. 6, No. 2, pp. 41-46
- Seroprevalence and potential risk factors associated with Toxoplasma gondii infection in women from Tripoli, Libya. American Journal Of Preventive Medicine And Public Health, 2019. VOL 5, NO. 3, page 45–49
- Mutational Analysis of AGXT Gene in Libyan Children with Primary Hyperoxaluria Type 1 at Tripoli Children Hospital. Saudi J Kidney Dis Transpl 2018;29(1):30-38
- Out Comes Of Pregnancy In Libyan Patients With Valvular Heart Diseases Tripoli Medical Centre

Tripoli/Libya 2014-2018. On line at www.ljmr.com.ly.
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- Awareness of Hypertensive Patients about Risk Factors, and Complications of Hypertension in Primary Health Care Centers Tripoli/Libya. Libyan conference of medical and pharmaceutical sciences. Conference paper. Published November 1, 2020.
- The Effect of Antenatal Corticosteroid for Improving Preterm Outcome At Aljala Maternity and Gynecology Hospital, Neonatal Intensive Care Unit (Tripoli, Libya). Tripolitana Medical Journal; 2021m vol.10. NO1, pp 22-27
- Extent of Allergens in Patients with Chronic Contact Dermatitis Using Patch Test in Tripoli, Libya. Alq J Med App Sci. 2022;5(1):250-255.
<https://doi.org/10.5281/zenodo.6545816>
- Focal segmental glomerulosclerosis in Libyan children: Tripoli children hospital experience (2000-2020). International Journal of Science Academic Research. Vol. 03, Issue 05, pp.3809-3812, May, 2022 Available online at <http://www.scienceijsar.com>
- Could self-reported symptoms be predictors of RT-PCR positivity in suspected COVID-19 cases? The Libya experience. EMHJ – Vol. 28 No. 9 – 2022. pp. 74-82

- Depression among cardiovascular disease patients in Libya prevalence and associations: INSPECT study. Turk Kardiyol Dern Ars. 2023;51(4):241-249.
- Breast cancer delay presentation among Libyan patients: demographic and clinical features. Mediterranean journal of pharmacy and pharmaceutical science. 2024;4(2):30-36.

Training courses attended:-

- Training of trainers for WHO EMRO Regional professional Diploma in family Medicine. Conducted on line by the continuing medical education office at the American University of Beirut Medical center on WHO EMRO online learning portal. 24 January – 8 February 2021.
- Medical education training, learning and assessment course, 11th – 13th April 2014(National association of primary care).
- Clinical Research Training Course June, 2012-May 2013, National Center for Disease Control and LEPIDC.
- Training course in statistical analysis using SPSS program with excellent grade (29/7 to 13/8 – 2009).
- Training course in clinical research, biostatistics and presentation skills (4-6/July/2009).
- Training course in how to write a scientific paper and get it published (13th – July 2009).

- Training course and work shop on the quality in medical records (22-11 to 2-12-2008).
- Regional workshop on qualitative research methodology for health researches (4-8 November 2007 EMRO,Cairo, Egypt).
- Teaching tips for clinical teachers by the academic centre for medical education, university college London- UK at the Libyan board of medical specialties (18-19 Aug 2007).
- Training course and workshop on epidemiology and biostatistics field (7-20/6/ 2007).
- Training course and workshop about the stepwise approach to surveillance of non-communicable diseases (April 2005).
- Training course about health indicators (from 11.12.2004 to 16.12.2004).
- Training course on the field of school health (from 1.1.2004 to 6.1.2004).
- Training course on the national vaccination program (from 29.12.2000 to 2.1.2001).

professional activities:-

- A membership in the follow up committee, of the national vaccination camping 2005.
- Head of medical research administration at Libyan board of medical specialties (2007-2009).

- Member in preliminary committee of medical researches at Libyan board of medical specialties (2008-2013)
- Member of the scientific committee of Algalla maternity hospital (2007-2009).
- Member of the admission committee for new teaching staff in community and family medicine department (faculty of medicine – University of Tripoli)
- Member of editorial board of Libya Medical Journal (2010-2013).
- Member in teaching and examination committee of faculty of medicine – University of Tripoli.
- Editorial manager for Tripolitana Medical Journal (2017-2019)
- Quality coordinator of the department of Community and Family Medicine from 2020-.....