

PERSONAL INFORMATION IZDEHAR EMHEMMED

 Gurgi , Tripoli, Libya

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mobile :0919450014

Sex Female| Date of birth 26/12/1986| Nationality Libyan

WORK EXPERIENCE

Member at the Libyan society for food and nutrition Tripoli/Libya.

Faculty staff member(assistant lecturer) at the University of Tripoli/faculty of agriculture/department of consumer science .  
From 5/2/2018 till present.

*Lecturing food and nutrition modules* : food additives /meal fundamentals/Food safety / nutrition fundamentals/Mother and child nutrition.

*Supervision of student projects titled as:*

The health and nutritional benefits of graviola fruit summer 2020

Advantages and disadvantage of keto diet summer 2020

Anti-cancer diet

The role of nutrition in hair health aut 2019

Studying nutritional needs in elderly in Gurgi/Tripoli aut 2019

Macrobiotic and its role in preventing diseases

*Participation in committees*

*Study and examination member spring 2017/2018*

*Study and examination co-ordinator 2018-2020*

DUCATION AND TRAINING

Master's degree of consumer science  
(food and nutrition) University of the Free State/South Africa  
2017.

Certificate of attendance in Academic Writing Workshop/rcc Tripoli  
University 2012.

Certificate of Attendance/training course in simplified statistics in medical  
and dental researches using SPSS, for a total of ( 12) training hours from  
24/4 to 29/4/2021 University of Tripoli, research, consulting and training

centre.

Certificate of participation in the Research activities and innovation & technology transfer workshop by Wheel / Tripoli University / 22 Oct 2020.

BSc of Consumer Science – University of Tripoli – Libya  
2010.

First rank student (2010) University of Tripoli / Libya.

Cambridge English level certificate in ESOL / council of Europe level B2  
DEC 2013 / Cape Town.

Diploma in English language studies level / EC CAPE TOWN 2013.

Intensive course in Professional conduct and business awareness  
Bloemfontein / South Africa / 2016.

Certificate of competence first aid level 1 / Helena first Aid  
Bloemfontein – South Africa 2015.

ICDL Certificate / INTERNATIONAL COMPUTER DRIVING LICENCE

