
Curriculum Vitae

Dr Salem M. Farhat

FRCS(ORL), MSc, DLO, MBBCh

Consultant ENT and Head & Neck Surgeon

A. Professor at University of Tripoli

Personal Details

Full Name: *Dr Salem M Farhat*
Date of Birth: *27 December 1963*
Nationality: *Libyan*
Marital status: *Married*
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Professional Qualifications

FRCS (ORL)	<i>The Royal College of Surgeons of Glasgow, UK</i>	<i>1999</i>
MSc	<i>The University of Bristol, UK</i>	<i>1997</i>
DLO	<i>The Royal College of Surgeons of England, UK</i>	<i>1994</i>
MBBCh	<i>University of Tripoli, Tripoli, Libya</i>	<i>1988</i>

Professional Memberships

Libyan Medical Council	<i>Membership number 368</i>
General Medical Council, UK	<i>Membership number 4507123</i>
ENT UK	<i>Membership number 20000304</i>
British Rhinological Society (BRS)	<i>Since 2008</i>
European Rhinological Society	<i>Since 2022</i>
The Libyan ORL Society	<i>Since 2010</i>

Present and recent Positions:

- 1. Assistant Professor, University of Tripoli**
(March 2022- present)
- 2. Academic Consultant, Arab Board of Health specialties, Libya**
(September 2023 – Present)
Present)
- 3. President of the Scientific committee of the Libyan ENT diploma**
(January 2020 – Present)
- 4. Member of the ENT Scientific panel_at the Libyan Board of Medical specialties:** *(January 2019 – present)*
- 5. Chairman of the ENT examinations board at the Libyan Board of Health specialties.**
(April 2023 – Present)

6. Chairman of the ENT Research Board at the Libyan Board of Health Specialties

(January 2019 – April 2023)

7. Head of ENT Department, Tripoli Central Hospital:

(2014 – 2019) & (2022- 2024)

8. President of the Scientific Committee at Tripoli Central Hospital:

(December 2013 – May 2024)

9. Lecturer at Tripoli University (July 2013 – March 2022)

10. Senior Consultant Otolaryngologist & Head and Neck Surgeon:

Tripoli Central Hospital: (November 2010 – November 2025)

This is a fulltime post at the largest ENT department in Libya where I deal with various ENT conditions. The hospital covers an area of two million populations in addition to referral from the western and Southern parts of the country.

The department has 50 beds and three dedicated ENT operating theatres which are equipped with modern equipment such as operating microscopes, Endoscopic sinus surgery & LASER.

11. Postgraduate ENT tutor for the Arab Board of Health specialization (2015 – Present)

12. Postgraduate tutor at Libyan Board of Health Specialities, (2012- Present)

13. Visiting Locum Consultant to United Kingdom:

(2016 – Present)

Short visits to UK hospitals as a consultant in Otolaryngology to keep myself updated , attend scientific meetings and carry out clinical activity including surgical operations. This activity is a good opportunity to communicate with colleagues and exchange knowledge and experience

14. Experience in United Kingdom

(1994 – end of 2010)

1. **Locum ENT consultant:** Maidstone & Tunbridge Well Hospitals NHS Trust, Kent 19 March – 20 April 2009
2. **ENT specialist:** Southend University Hospital NHS Trust (2002 -2010)
3. **Registrar in ENT at Radcliffe Infirmary, Oxford** (Jan. 2001 – June 2002)
4. **Registrar in ENT at Ashford & East Kent Hospitals NHS Trust** (June 2001 - Jan. 2002)
5. **ENT Senior House Officer posts** (1996 – 2001)
 - New Cross Hospital, Wolverhampton
 - Chesterfield Royal Hospital
 - Darlington Memorial Hospital
 - Ninewells University Hospital, Dundee
 - West Dorset Hospital, Dorchester
6. **Research Fellow at University of Bristol, UK** (October 1994 - October 1995)

15. Previous Experience in Libya

7. **Registrar in ENT, Tripoli Central Hospital** (Jan. 92 – October 94)
8. **Senior House Officer in ENT, Tripoli Central Hospital** (June 90 –Jan. 92)
9. **Senior House Officer in General Surgery, Tripoli Central Hospital** (July1989 – June1990)
10. **House Officer, Tripoli University Hospitals** (July 1988 – August 1989)

Experience:

I have wide specialist experience in Otolaryngology being working in this speciality for more than 20 years. Presently I work as a consultant in ENT Department at Tripoli Central Hospital & Saint James hospital, also I am a lecturer and examiner at Tripoli University.

Appointed postgraduate tutor by the Libyan Board of Medical & Surgical specialities.

I have been appointed a head of the scientific committee at Tripoli Central Hospital since December 2013, this is an advisory body to the hospital administration.

I started my career in ENT in 1990 when I joined the ENT department at Tripoli Central hospital where I learnt the ENT skills and acquired broad-based experience. I worked at a senior registrar level and have taken various clinical and managerial responsibilities.

*I travelled to the United Kingdom for postgraduate study. I obtained **Diploma in Otolaryngology** from the Royal College of Surgeons of England in 1994.*

*In October 1994 I started my **MSc** in Otolaryngology at the University of Bristol. I conducted a study about the assessment of swallowing disorders using videoflouroscopy under the supervision of **Professor Mansel Griffiths**. During my study I joined the ENT department as a clinical fellow. I awarded the **MSc degree in 1997***

*In **1998** I obtained my ENT fellowship in Otolaryngology (**FRCS**) from the Royal College of Physicians & Surgeons of Glasgow.*

*In October 1995 I joined the **overseas doctors training scheme (ODTS)** through the Royal College of Surgeons of Edinburgh and started taking ENT training posts in England and Scotland. I worked in various including West Dorset Hospital, Ninewells University*

Hospital, Wolverhampton New Cross Hospital and Darlington Memorial hospital. I spent two years working at the Radcliffe Infirmary in Oxford.

In addition to my experience in general ENT, I have special interest in Rhinology where I achieved wide experience including endoscopic sinus surgery, endoscopic DCR and rhinoplasty (open and closed approach).

In 2002, I joined the ENT at Southend University Hospital and managed to expand further my experience in Rhinology and general ENT surgery.

I established a specialised **Balance Clinic**, as I have some interest in this challenging subject. I conducted the clinic along with a vestibular rehabilitation specialist. I found the clinic very helpful in providing a quality service to a group of patients most of the time they don't receive too much attention in a busy general ENT clinic.

I started using **intratympanic gentamicin** as a treatment for Meniere's disease for the first time in Southend area.

In 2004, I joined JR Medical Centre in Essex, where I worked as a consultant in Otolaryngology and involved in cosmetic facial procedures including use of Botox for treatment of facial wrinkles.

Specialist Clinical Skills:

- *General ENT: I have the clinical skills in conducting ENT assessment and, giving opinion and treating various ENT diseases. This includes using rigid and flexible endoscopes, microscope, performing FNA and interpreting audiological results.*
- *I am proficient in carrying out General ENT operations such as adeno-tonsillectomy, grommets insertion, Uvulopalatoplasty, Pinnaplasty, excision of neck lumps, using skin graft, simple tympanoplasty, and rigid pan-endoscopy...etc.*
- *I have the experience to deal with various ENT emergencies including operative intervention such as tracheostomy, endoscopy, arrest of tonsillectomy haemorrhage, orbital decompression, mastoid exploration and sphenopalatine artery ligation.*
- *I have special interest in Rhinology and I have the skills to carry out various rhinology operations including open structure rhinoplasty, endoscopic sinus surgery and endoscopic DCR*
- *I have some experience in head and neck cancer. I am able to make assessment and give appropriate advice. I have been involved in salivary gland surgery, laryngectomy and neck dissection.*
- *I am proficient in managing patients with vertigo. I have been in charge of the multidisciplinary balance clinic at Southend University hospital.*

Research Experience:

- *Chairman of the ENT Research Board at the Libyan Board of Medical Specialties, (January 2019- April 2023)*
- *I Published my research work in international journals including British JLO (The Journal of Laryngology & Otology)*
- *I conducted a retrospective study at the University of Bristol. The title of the study is 'An evaluation of the effectiveness of swallow clinic in identifying the disorders of swallowing and its role in their management'.*

The study involved reviewing the clinical notes and the videos of 65 patients seen in the clinic.

Conclusion:

Multidisciplinary dysphagia clinic is appropriate approach to identify and manage swallowing disorders.

*Swallowing abnormality can be identified.
Aspiration can be demonstrated.
Risk of chest infection reduced
Quality of life can be improved.*

Professional Visits:

During my work in UK, I took part in developing the ENT service in Libya. During my visits I delivered lectures, carried out surgical operations including FESS, Shaver polypectomy and rhinoplasty. I performed the first endoscopic DCR in Libya during my visit in 2007. I have visited the following hospitals:

- **Gharian University Hospital** November 2010
- **Misurata University Hospital** November 2009 & March 2010
- **Tripoli Medical Centre** May 2006 & June 2007

I introduced the Endoscopic Sinus Surgery for the First time in Libya and carried out Endoscopic operations, Organised live training and gave lectures

- **Tripoli Central Hospital** May 2006

Continued Medical Education:

I understand the importance of keeping my knowledge up to date. I attend postgraduate meetings and professional conferences. I attend the Laryngology and Otology meetings of the Royal Society of Medicine, regional ENT meetings and the hospital postgraduate events.

I am a member of the British Rhinological Society (BRS) and the European Rhinology Society.

I organise Postgraduate meetings and arrange workshops as part of Libyan and Arab board training

Audit Experience:

- *I gave lectures about the role of audit in clinical practice to postgraduate doctors*
- *I have taken part in the following audit projects:*
 1. *Prescription Audit: ENT department, Tripoli Central Hospital*
 2. *Balance Clinic Audit: I am at the process of collect data. In this audit I am looking at the clinic outcome in managing dizzy patients and patient satisfaction.*
 3. *Glue Ear Audit:*

Aim: Ascertain if hearing assessment were performed before and after grommets insertion.

Outcome: Not all children underwent this operation received a hearing assessment.

Recommendations: Recommendation made to pre-admission clinic to ensure hearing assessment was performed.
 4. *Informed consent Audit:*

Aim: Find out if patients informed about possible complications resulting from major ear surgery.

Outcome: 25% of patients had not been informed of the risks.

Recommendations: Clinicians to warn patients about the potential complications
 5. *DVT prophylaxis in major ENT surgery:*

Aim: To find out if DVT prophylaxis has been received by patients underwent major surgery.

Conclusion: 10% of patients did not receive a prophylaxis.

Recommendations: Clinicians and nursing staff to ascertain that appropriate prophylaxis has been arranged.

Courses Attended:

I am involved in running courses and workshops for ENT doctors to develop their surgical skills including hands-on training. Also online activities.

I attended and taken part in the following :

1. *Rhino Libya Workshop, Misrata, September 2024*
2. *Endoscopic sinus surgery live surgery, Misrata , August 2024*
3. *Septoplasty and Turbinate surgery, Tripoli, July 2022 (Hands-on)*
4. *Rhinoplasty Series (Online workshop)
2021*
5. *Royal Society Meetings, Otolaryngology section
(2020 -2021)*
6. *Coblation in ENT (online Workshop)
July 2020*
7. *1. The London rhinoplasty day at the royal society of medicine London,
November 2019*
8. *2. International Misurata ORL Conference
Misurata, October 2018
Speaker (My Sinuses)*
9. *International Misrata ORL Conference
Misrata, Libya, October 2017 (Speaker)*
10. *Misrata Endoscopic Sinus Surgery Course,
Misrata, November, 2017 (Faculty member)*
11. *Advance FESS & Skull base surgery
Guilford. UK, June 2017*
12. *LASER Workshop
Tunisia, June 2014*
13. *Aesthetic & Reconstructive surgical skills course
Bristol July 2010*
14. *Advanced Endoscopic Sinus Surgery
Philadelphia, USA, April 2009*
15. *Advanced Techniques for Snoring Treatment
Coventry,UK, March 2009*
16. *Essex Head & Neck study Day
Southend-on-Sea, October 2008*
17. *Cosmetology and Botox training day
London, March 2007*
18. *New Innovations in Balance
York, September 2008*
19. *Head & Neck Dissection Course
London, March 2008*
20. *Open Structure Rhinoplasty Course
Dundee University, September 2006*
21. *Jim Cook Memorial Balance Course*

- Leicester, September 2005*
22. *Cleveland Hands on Laser Course*
Middlesbrough, October 2004
 23. *Endoscopic Sinus Surgery Course*
Cambridge University, July 2003
 24. *Audiology Update Symposium*
Norwich, May 2003
 25. *Bradford Temporal bone dissection*
Bradford, March 2003
 26. *Plastic surgery of the Nose*
London, February 2001
 27. *Endoscopic Sinus surgery*
Cambridge, July, 2000
 28. *Laser surgery Workshop*
Omagh, April 2000
 29. *Bronchoscopy & Oesophagoscopy Course*
Dundee University, November 1999
 30. *Temporal Bone Dissection Course*
Bradford, October 1999
 31. *Endoscopic Sinus surgery Course*
University of Dundee May 1999
 32. *West Midland Temporal Bone course*
Oswestry, February 1999
 33. *Glasgow Temporal Bone Course*
Stirling, March 1996.

Conferences and Professional meetings:

- ***Rhino-Libya Conference, Misrata September 2024***
- *Libyan Otolaryngology Society Conference, Misrata, August 2024*
- *British Academic Conference in Otolaryngology (BACO 2023)*
- *British Academic Conference in Otolaryngology (BACO), January 2021*
- *Libyan annual Conference of Otolaryngologists, **Guest speaker***
Tripoli March 2020
- *2nd Misrata Conference of ORL. **Guest Speaker**, 2018*
- *1st Misrata International conference of ORL, **Guest speaker 2017***
Misrata 9-13 November 2017
- ***Misrata FESS Course, 12-13 November 2017:** Faculty member at the course*
- ***Rhinology symposia, Dubai, Istanbul 2014***
- ***Rhinology Symposium, Dubai 2013***
- ***IFOS meeting, Seoul 2013, South Korea***
- ***Guest Speaker to the Libyan ORL Society meeting 2010 and I presented two lectures***
 - o *Intratympanic Gentamicin injection for treatment of Meniere`s disease*
 - o *Endoscopic endonasal dacrocystorhinostomy*
- ***Guest speaker in ENT to the 16th Conference of the Libyan Surgeons, Zliten 2009 and I presented two lectures:***
 - o *Endoscopic DCR, surgical techniques & outcome*
 - o *Management of globus pharyngeus, Do we need a protocol?*
- ***American Rhinology Conference, Philadelphia, April 2009***

- *1st and 2nd Conference of Libyan Doctors working Abroad, Tripoli 2005 & Benghazi 2007*
- *Departmental meetings at Southend Hospital: This is regular joint meeting between clinicians and managers to discuss issues related to work in the ENT unit.*
- *BMA meetings: as a member of British Medical association, I attend the meetings to discuss issues related to the profession.*

Publications:

1. ***Diagnostic Agreement Study: Otoscopy vs Tympanometry in Otitis Media with Effusion***
Authors: Khalid Bayou, Salem Farhat, Mohamed Shultami
 DOI:
<https://doi.org/10.36602/mmsi/2025.n13.09>
Misurata Medical Sciences Journal, October 2025
2. ***Flap complications after cochlear implant***
Authors: Salem Farhat, A. Naas, A. Abusreweel
Online Journal of Otolaryngology
March 2022
3. ***Choanal Atresia Repair, A Comparison Between Transnasal Puncture With Dilatation And Stentless Endoscopic Transnasal Drilling***
Authors: Salem Farhat, A. Naas, A. Abusreweel
Scholarly Journal of Otolaryngology (SJO)
November 2021
4. ***Endonasal dacryocystorhinostomy, Our experience Authors:***
S.Farhat, A. Naas, M. Darwish
Online Journal of Otolaryngology & Rhinology (OJOR)
July 2019
5. ***Bullet in Parapharyngeal space***
Authors: S. Farhat, A. Ben Ramdan
Global Journal of Otolaryngology,
May 2017
6. ***An unusual foreign body in the nostril***
Authors: K Nathan, S Farhat, A Shah
Journal of Laryngology & Otology
03 April 2012
7. ***Naseptin and Peanut Oil : A survey of practitioner awareness in UK***
Authors: T Abed, S Farhat, and G.Watters
Journal of Laryngology & Otology
01 August 2007

Abstract:

Objective: The aim of the study was to determine how aware ENT practitioners are that Naseptin contains peanut oil and to what extent this is conveyed to patients.

Method: A questionnaire was sent out to ENT practitioners

Result: Naseptine is widely used in ENT practice. Although most practitioners are aware that naseptin contains refined peanut oil, not all ask their patients whether they are allergic to peanuts

Conclusion: More should be done to raise awareness amongst practitioners that Naseptin contains peanut oil and should be avoided in patients with peanut allergy.

8. Congenital Cholesteatoma presenting with postaural swelling

Ganesh SRS, Farhat S

Libyan Journal of Medicine (ljm)

16 May 2007

Abstract: A case of three year old boy, who presented with discharge from the site of excised post-aural lesion reported to have been epidermal cyst. It was found at the operation he has tract between the cholesteatoma and the site of excised lesion.

Teaching Experience

I always enjoy teaching and I recognise that I have a role in passing knowledge to others as well as learning from their experience.

- a. Assistant Professor at Tripoli University. I joined the university of Tripoli in 2013 as a Lecturer in Otolaryngology and involved actively in giving lectures and tutorials also bedside teaching. I am in charge organising timetable and preparing the examination including the questions and running the ENT examination. I am an examiner at the university of Tripoli also visiting examiner to other Libyan Universities*
- b. President of scientific committee of ENT diploma, organising the course and the examinations as well as giving lectures*
- c. I am an Assistant professor at Tripoli University and involved actively in teaching medical students, organising the teaching programs and the examinations.*
- d. Appointed tutor for the doctors preparing for the Libyan Board examinations in Otolaryngology.*
- e. I take every opportunity to teach junior doctors and nurses in the clinic and in the operating theatres.*

Discretionary Awards:

- 1. I have been awarded two discretionary awards in April 2006 by Southend University hospital as a recognition of my contribution in developing the ENT service by setting up a balance clinic*
- 2. Discretionary awards by Southend University hospital in 2004 as a recognition of my contribution in improving patient care and introducing intra-tympanic gentamicin injection for treatment of Meniere`s disease for the first time in Essex region.*

Management Experience

- *Member of Scientific panel of the Libyan ENT Society conference in Misrata, August 2024*
- *Member of the scientific panel of Rhino-Libya conference in Misurata, September 2024*
- *Chair of the examination committee at the Libyan board of health specialisations.*
- *President of the Scientific Committee of Libyan ENT Diploma (2020- present)*
- *Head of the ENT department at Tripoli Central Hospital since September 2014*
- *President of the scientific committee at Tripoli Central Hospital.*
- *Chief of Balance clinic from 2004 to 2010 at Southend University Hospital*
- *Throughout my career, I have taken part in organising the on-call rota and various educational activities and scientific meetings*

I believe that the computer plays important part in our clinical practice and I have got the experience to use it for clinical and research purposes. I am proficient in speaking and writing in English and Arabic.

Personal Statement:

I consider myself conscientious, thorough and methodical professional who is totally committed to deliver consistently high standards of care to the patients for whom we are responsible. I consider it is important to maintain positive working relationships not only with colleagues in my discipline, but also in other specialities. I am able to adapt quickly to new situations, respond appropriately to new challenges and demonstrate professional approach to all workload assigned to me.

Referees:

1. ***Dr Mahmud Fahmi Maatuk***
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2. ***Dr Abulakhir Saad Abulakhir***
Consultant ENT Surgeon
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Tripoli, Libya

3. ***Mr Furat Amin, FRCS (ORL)***
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4. ***Mr Arcot Mehashwar, FRCS***
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5. Professor Jafar Rafiei

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6. Mr Peter Prinsley, FRCS

Consultant ENT surgeon & senior Lecturer at University of East Anglia

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7. Mr Basil Al-Omari, FRCS

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