

Dr. Haifa Hblous



PAEDIATRICIAN/DEVELOPMENTAL
PAEDIATRIC SUB-SPECIALIST

Details

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DATE / PLACE OF BIRTH

01/01/1986
Azizia-Libya

NATIONALITY

Libyan

DRIVING LICENSE

Light Duty

About

(The best among you, are those
who bring greatest benefits to
others)

Skills

collaboration

Time management

Communication Skills

Grit

Languages

Arabic
English

Profile

I am compassionate Paediatrician and Developmental Paediatric sub-specialist with more than 10 years paediatrics experience.

Registered with Libyan General Medical Council 5682 and Health Professional Council of South Africa MP0777560.

Member of South Africa paediatric Association

Member of Paediatric Neurology and developmental association of South Africa (PANDA)

Employment History

General Practitioner at Awladelis Poly clinic , Azizia -Libya

2010 — 2012

Paediatric Medical Officer at Ali Omar Asker Hospital, Tripoli-Libya

2012 — 2014

Paediatric residency at Inkosi Albert Luthuli Hospital, King Edward Hospital, RK Khan Hospital, Addington, and Prince Msheny Memorial Hospital , Durban-South Africa

2015 — 2019

Developmental Paediatrics senior registrar at Tygerberg Hospital/Stellenbosch University, Cape Town

2022 — 2024

During fellowship period ,I was exposed to numerous neurodevelopmental condition include global developmental delay , speech delay , language disorder Autism spectrum disorder , Attention deficit hyperactivity disorder , cerebral palsy and Intellectual disability secondary to genetic or environmental causes etc.I performed screening and diagnostic developmental test (Molteno and Griffith) ,Autism diagnostic Interview and Autism diagnostic observation schedule ADOS -2, comprehensive assessment consultation . I had the pleasure to collaboratively work with child psychiatry and infant mental health ,Genetic , speech therapy , social worker ,Audiologist ,ENT specialist ophthalmologist,Occupational therapy and physiotherapy .Also ,I have worked closely with NGO like Hope and Autism western cape support group where we arranged multiple workshops with teachers and parents of children with Autism spectrum disorder.

Presented multiple topics at Stellenbosch University for paediatric department , child psychiatry , paediatric neurology and neurodevelopment .

2022 — 2024

Contract based neurodevelopment outreach weekly multidisciplinary clinic at Filia school , Cape Town 6 hours per week .

Filia School is a departmental school providing special education for severe intellectually disabled children include children with Autism spectrum disorder between age of 3-20years.

2022 UP TO NOW

Locum Paediatric at Karl bremer Hospital 16 Hours to 32hours per week.

Education

MBBCH, Tripoli University , Tripoli-Libya

2003 — 2009

FCPaeds (SA), University of Kwazulu-Natal , Durban-South Africa 2019

Master of Paediatrics (MMed), University of Kwazulu-Natal, Durban-South Africa 2021

Certificate of Developmental Paediatrics of South Africa 2023.

Courses

Basic Life Support BLS, Medical Manpower Development Centre 2013

Neonatal Cranial Ultrasound , Ali Omar Asker Hospital 2013

Neonatal Basic Life Support , Tripoli-Libya 2013

ILETS Language Course , Cape Town- 2015

Basic Life Support (BLS), Durban-South Africa 2018

Advanced Paediatric Life Support (APLS), Durban-South Africa 2018

Annual paediatrics/Paediatric surgery update , Durban-South Africa 2015-2020

Infant Mental Health Workshop , Cape Town-South Africa 2022

Newborn hearing screening Never too early-paediatric hearing loss information Day at Carl dutoit 2022

PET 1 epilepsy training by British Paediatric Neurology Association , Cape Town-South Africa 2023

Griffith III training , Cape Town-South Africa 2023 registration number 4073.

Guide for Monitoring Child Development Workshop (International Developmental Paediatric Congress, Johannesburg-South Africa 2023)

Autism Diagnostic Observation Schedule ADOS -2 clinical Introductory training Workshop April 2024.

Paediatric Neurology and developmental association weekend talks Durban 2023 and Stellenbosch 2024

Publications

The quality of life among children with epilepsy in resource-limited settings.

South African Journal of Child Health 2023;17(4):e1976.

<https://doi.org/10.7196/SAJCH.2023.v17i4.1976>

- A pilot study in a paediatric neurology clinic at a quaternary care teaching hospital.
- I have presented the above study in oral presentation at the International Developmental Pediatrics Congress 2023 Johannesburg South Africa. Reference OR 86.

References

1.Dr. Angeline Thomas. Specialist Paediatrician and Developmental Paediatrics-Tygerberg hospital Senior Lecturer at Stellenbosch University

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2.Prof. Ronald Vantoorn. Paediatric neurologist -Tygerberg hospital Head of paediatric neurology department Professor at Stellenbosch university Cape Town -South Africa

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3.Dr. Mubaiwa Lawrence. Specialist pediatrician and neurologist Head clinical Unit-ped Neurology, Inkosi Albert Luthuli Hospital Lecturer institution: Inkosi Albert Luthuli Hospital/UKZN-JME position EMAI Department of Paediatrics and Child Health Nelson R Mandela School of Medicine University of KwaZulu natal

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4.Dr. Lerusha Naidoo. Specialist pediatrician and neonatologist Head Clinical Unit-NICU, Inkosi Albert Luthuli Hospital Durban -South Africa

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5.Dr. Rajeshree Govender. Specialist pediatrician and neurologist, Inkosi Albert Luthuli Central Hospital Lecturer Department of Pediatrics and Child Health Nelson R Mandela School of Medicine University of KwaZulu natal

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6.Sister Lucinda Alexander community nurse and school nurse at Filia school

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7.Dr Chane Kay specialist pediatrician at Karl bremer Hospital

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